

afenil[®] GMP UP

shake

750 g
30 x 25 g



PKU

3+

MILK OR ORANGE FLAVOUR



Low-phenylalanine protein substitute containing glycomacropeptide (GMP) isolated from casein, supplemented with a selected blend of essential and non-essential amino acids, carbohydrates, vitamins and minerals, with sweetener.

» INDICATIONS

For the dietary management of adults and children over three years of age, with confirmed hyperphenylalaninemia including phenylketonuria.

» DOSAGE AND ADMINISTRATION

Following the physician's prescription, taking into account age, body weight, and clinical conditions of the subject.

» INSTRUCTIONS FOR USE

Dissolve one sachet of Afenil[®] GMP UP Shake in at least 80 ml of water or other allowed liquids. Mix well. For an optimal result, the use of a shaker is recommended. Once reconstituted, the product should be consumed immediately. When necessary, the reconstituted product can be kept for up to 6 hours in the refrigerator and mixed well before use.

» STORAGE CONDITIONS

Store in a cool and dry place, away from light and sources of direct heat. The date of minimum durability refers to the product in an unopened package.

» IMPORTANT WARNINGS

Afenil[®] GMP UP Shake must only be taken under medical supervision by individuals with confirmed hyperphenylalaninemia, including phenylketonuria. Afenil[®] GMP UP Shake cannot be used as one's sole food source. The product can result in health risks if consumed by individuals who do not have the specific disorder for which it is indicated. All mixtures based on GMP are a natural source of phenylalanine. Use with caution in children aged 3-6 years. Keep out of the reach of children.

NUTRITIONAL INFORMATION

food for special medical purpose

*	x 100 g	x 25 g (1 busta)	MINERALS	x 100 g	x 25 g (1 busta)
Energy kJ/kcal	1342/318	335/80	Calcium	797 mg	199 mg
Fat	0.2 g	0.1 g	Chloride	670 mg	167.5 mg
of which saturated fatty acids	0.1 g	0 g	Chromium	59 µg	15 µg
Carbohydrates	39.1 g	9.8 g	Iron	14.4 mg	3.6 mg
of which sugars	2.4 g	0.6 g	Phosphorus	851 mg	213 mg
Protein equivalent	40 g	10 g	Iodine	168 µg	42 µg
Salt	0.85 g	0.21 g	Magnesium	251 mg	63 mg
			Manganese	2.05 mg	0.51 mg
			Molybdenum	96 µg	24 µg
			Potassium	627 mg	157 mg
			Copper	1493 µg	373 µg
			Selenium	59 µg	15 µg
			Sodium	339 mg	85 mg
			Zinc	14.4 mg	3.6 mg

* Nutritional Values refer to the Milk flavour.
 * Orange flavour, x 25 g: Energy 334/79 kJ/kcal, Fat 0.1 g of which saturated fatty acids 0 g, Carbohydrates 9.7 g of which sugars 0.6 g, Protein equivalent 10 g, Salt 0.21 g.
 * Orange flavour, x 100 g: Energy 1336/316 kJ/kcal, Fat 0.2 g of which saturated fatty acids 0.1 g, Carbohydrates 38.8 g of which sugars 2.4 g, Protein equivalent 40 g, Salt 0.85 g.

VITAMINS

Biotin	125 µg	31 µg	L-Alanine	1.82 g	0.45 g
Folic acid	267 µg	67 µg	L-Arginine	2.17 g	0.54 g
Pantothenic acid	5 mg	1.33 mg	Ac. L-Aspartate /L-Asparagine	2.65 g	0.66 g
Niacin	16.5 mg (NE)	4.13 mg (NE)	L-Cystine	25.23 mg	6.31 mg
Riboflavin (Vitamin B2)	1.5 mg	0.38 mg	L-Phenylalanine	50.46 mg	12.62 mg
Thiamine (Vitamin B1)	1.3 mg	0.33 mg	Glycine	0.33 g	0.08 g
Vitamin A	555 µg (RE)	139 µg (RE)	L-Glutamine/ L-Glutamic acid	5.98 g	1.5 g
Vitamin B12	3.2 µg	0.8 µg	L-Isoleucine	3.05 g	0.76 g
Vitamin B6	1.9 mg	0.47 mg	L-Histidine	1.63 g	0.41 g
Vitamin C	72 mg	18 mg	L-Leucine	5.17 g	1.29 g
Vitamin D	8.8 µg	2.2 µg	L-Lysine	3.11 g	0.78 g
Vitamin E	10.4 mg (αTE)	2.6 mg (αTE)	L-Methionine	0.56 g	0.14 g
Vitamin K	67 µg	17 µg	L-Proline	3.51 g	0.88 g
			L-Serine	2.27 g	0.57 g
			L-Tyrosine	5.73 g	1.43 g
			L-Threonine	5.07 g	1.27 g
			L-Tryptophan	0.86 g	0.22 g
			L-Valine	3.25 g	0.81 g
			Choline	400 mg	100 mg