



Phenylalanine-free amino acid mixture supplemented with vitamins, carbohydrates, and minerals, indicated in the dietary treatment of hyperphenylalaninemia, including phenylketonuria.

» INDICATIONS

For dietary treatment of children over three years of age and adults, with known hyperphenylalaninemia including phenylketonuria and maternal phenylketonuria.

» DOSAGE AND ADMINISTRATION

According to the physician's prescription, taking into account age, body weight, and clinical conditions of the subject.

» INSTRUCTIONS FOR USE

Dissolve one pouch of Afenil<sup>®</sup> Express 15 in approximately 80 ml of water or other allowed liquids. Afenil<sup>®</sup> Express 15 can be flavored as desired. Once reconstituted, the product should be consumed immediately. When necessary, the reconstituted product can be kept for up to 24 hours in the refrigerator and mixed well before use.

» STORAGE CONDITIONS

Store the product in a cool and dry place, away from light and sources of direct heat. Afenil<sup>®</sup> Express 15 are single-dose pouches. Any prepared and unused product can be stored in the refrigerator and used within 24 hours, mixing well before use. The expiry date refers to the product in an unopened, correctly stored package.

» IMPORTANT WARNINGS

Afenil<sup>®</sup> Express 15 must only be taken under medical supervision by individuals with known hyperphenylalaninemia including phenylketonuria. Afenil<sup>®</sup> Express 15 must not be used as one's only food source. Keep out of the reach of children. The product can result in health risks if consumed by individuals who do not have the specific disorder for which it is indicated.

**NUTRITIONAL INFORMATION**

food for special medical purposes

*	per 100 g	per 25 g
Energy kJ/kcal	1260/297	315/74
Fats	0.20 g	0.05 g
of which saturated fatty acids	0 g	0 g
Carbohydrates	13.7 g	3.4 g
of which sugars	1 g	0.2 g
Protein equivalent	60 g	15 g
Salt	1.27 g	0.32 g

\* Nutritional Values refer to the neutral flavor.  
\* Orange flavor: x 100 g: Energy value 1192/281 kJ/kcal; per 25 g: 298/70 kJ/kcal; Carbohydrates: x 100 g: 9.7 g, of which sugars 3.6 g; x 25 g: 2.4 g, of which sugars 0.9 g

**VITAMINS**

Biotin	188 µg	47 µg
Choline	600 mg	150 mg
Folic acid	400 µg	100 µg
Pantothenic Acid	8.0 mg	2.0 mg
Niacin	24.8 mg	6.2 mg
Riboflavin (Vitamin B2)	2.3 mg	0.57 mg
Thiamine (Vitamin B1)	2.0 mg	0.50 mg
Vitamin A	832 µg (RE)	208 µg (RE)
Vitamin B12	4.8 µg	1.2 µg
Vitamin B6	2.8 mg	0.7 mg
Vitamin C	108 mg	27 mg
Vitamin D	13.2 µg	3.3 µg
Vitamin E	15.6 mg (αTE)	3.9 mg (αTE)
Vitamin K	100 µg	25 µg

<b>MINERALS</b>	per 100 g	per 25 g
Calcium	1196 mg	299 mg
Chloride	728 mg	182 mg
Chromium	88 µg	22 µg
Iron	21.6 mg	5.4 mg
Phosphorus	1068 mg	267 mg
Iodine	252 µg	63 µg
Magnesium	376 mg	94 mg
Manganese	3.2 mg	0.80 mg
Molybdenum	144 µg	36 µg
Potassium	940 mg	235 mg
Copper	2.2 mg	0.55 mg
Selenium	88 µg	22 µg
Sodium	508 mg	127 mg
Zinc	21.6 mg	5.4 mg

**AMINO ACIDS**

L-Alanine	2.56 g	0.64 g
L-Arginine	4.14 g	1.04 g
Ac. L-Aspartate	6.56 g	1.64 g
L-Carnitine	64 mg	16.0 mg
L-Cystine	1.67 g	0.42 g
Glycine	6.53 g	1.63 g
L-Glutamine	5.10 g	1.28 g
L-Isoleucine	4.47 g	1.12 g
L-Histidine	2.55 g	0.64 g
L-Leucine	7.02 g	1.76 g
L-Lysine	4.64 g	1.16 g
L-Methionine	1.24 g	0.31 g
L-Proline	4.67 g	1.17 g
L-Phenylalanine	– g	– g
L-Serine	2.91 g	0.73 g
L-Taurine	132 mg	33.0 mg
L-Tyrosine	6.59 g	1.65 g
L-Threonine	4.54 g	1.14 g
L-Tryptophan	1.40 g	0.35 g
L-Valine	5.17 g	1.29 g